THE BEARDED COACH'S FOOTBALL SESSION PLANNER – FREE TEMPLATE

PETER PRICKETT

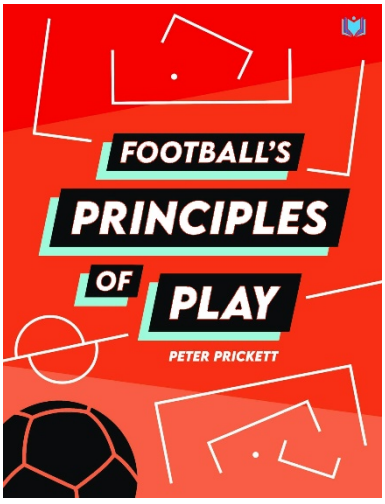
This free template edition published 2026. Copyright Hawksmoor Publishing 2026.

Woodside, Oakamoor, ST10 3AE | www.hawksmoorpublishing.com

Peter Prickett has asserted his right under the Copyright, Designs and Patents Act, 1988, to be identified as the author of this book.

Copyright Hawksmoor Publishing 2026. All Rights Reserved.

Peter Prickett is the author of multiple bestselling coaching titles, including:







www.BennionKearny.com/planner

You're looking at the **blank template** from *The Bearded Coach's Football Session Planner*. **You are free to print it to help create awesome sessions!** What comes with the book is the thinking behind it – written by a coach educator rather than a manual writer:

- **The Principles of Play in full** — twelve, across in possession, out of possession and transition, each framed as a question you can take onto the grass
- **Context beyond age** — foundation through to adult, set against sampling, participation, performance and elite, and what to do when one school session holds all three
- **The four corners as working checklists** — technical/tactical, psychological, physical, social, with prompts for each
- **Questioning, properly** — open against closed, and why "How did we score?" and "How will *you* score?" are two different sessions
- **Five intervention methods**, and when each one is the right call
- **Challenges for individuals, units and the whole group** — including what to do with the player everyone calls selfish, instead of putting him on two touches
- **Three session structures** — up the steps, the carousel, and whole-part-whole

Plus 39 more templates, on paper you can draw on, wire-bound so it folds flat on a wet touchline instead of shutting itself every time you let go.

ADDITIONAL NOTES

GROUP	TIME
OBJECTIVE	DATE

CONTEXT

TECHNICAL/TACTICAL	PSYCHOLOGICAL
PHYSICAL	SOCIAL

KEY QUESTIONS AND INTERVENTIONS

CHALLENGES

INDIVIDUAL	UNIT	GROUP

SESSION STRUCTURE

ADDITIONAL NOTES